iTEC

Natalija Osovska

has achieved the following component(s) from within the qualification

Level 3 Diploma in Yoga Teaching

Unit Code	Component
iUSP143	Principles of exercise, fitness and health
iUSP146	Anatomy and physiology for exercise and health
iUSP147	Programming yoga teaching sessions
iUSP155	Delivering yoga teaching sessions
iUSP172	Know how to support clients who take part in exercise and physical activity
iUSP179	Health, safety and welfare in a fitness environment

Alan Woods OBE
Chief Executive

Qualification Number: 603/4488/X | Awarded: 17/09/2021 | Learner Number: E143227
Certificate Number: 143227/2165/154588/155887 | Assessment Language: Russian
Centre: Z10159

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